INTRODUCTION 1

Training Delivery

Initial Training

The training for CPR/AED is approximately 10 hours in length, including presentation, applications and evaluation of student performances.

Retraining

Public Safety employees are required to receive CPR retraining every 2 years. The CAL FIRE retraining course is approximately 4 to six hours in length and includes a review of the topics with an emphasis of skills practice and competency verification (see course delivery matrix). The retraining course consists of the following:

1. A self-paced (hybrid delivery) or instructor review (classroom delivery).
2. Instructor review of CPR developments.
3. Skills practice and scenario session.
4. Skills competency verification

Course Delivery Matrix

	TITLE	TIME	INITIAL	REFRESH CLASSROOM	REFRESH HYBRID
	Self-Study/Pre-Test (not included in class time)	2:00		2:00	2:00
Ch-1	Introduction	:30	:30	:30	:30
Ch-2	AHA 2010 Changes	:30	:30	:30	:30
S-1	Anatomy and Physiology	:30	:30		
S-2	Cardiovascular Disease and Stroke	:30	:30		
Ch-3	Ventilation Techniques	:15-:30	:30	:15	
Ch-4	Adult CPR	:15-:30	:30	:15	
Ch-5	Child CPR	:15-:30	:30	:15	
Ch-6	Infant CPR	:15-:30	:30	:15	
Ch-7	AED for Adults and Children	:15-:30	:30	:15	
Ch-8	AED for Infants and Children	:15-:30	:30	:15	
Ch-9	Relief of Choking Adult and Child	:15-:30	:30	:15	
Ch-10	Relief of Choking Infant	:15-:30	:30	:15	
S-3	Special CPR Situations	:30	:30		
	Skills Practice	:30-1:00	1:00	:30	:30
	CPR Scenarios	1:00	1:00	1:00	1:00
	Written Test	:30	:30	:30	:30
	Skills Test	1:00	1:00	1:00	1:00
	TOTAL CLASSROOM TIME		**10:00**	**6:00**	**4:00**