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## 2023 Pismo Beach Junior Lifeguard Program

**Session 1: June 19-July 7, 2023** 

8:30 am to 12:30 pm, Mon-Fri

**Session 2**: July 10-July 28, 2023

8:30 am to 12:30 pm, Mon-Fri

Cost: \$375 per session per participant/ \$750 for both sessions per participant

Tryout dates: Wednesday, May 10, 2023 7:30 pm-9:00 pm Saturday, May 13, 2023 3:00 pm to 6:00 pm

Swim tryouts and registration will be at SLO Swim Center (Sinsheimer Pool) 900 Southwood Drive, San Luis Obispo.

\*\*If the participant is unable to pass the initial swim test, they will be allowed one additional try on the same day. If the participant is still unable to pass the swim test, they are welcome to try again on any of the remaining dates below.

## Requirements

Open to youth ages 9-17. Participants must be of age by July 31st, 2023. <u>All returning and new applicants</u> must pass a basic swim test of 100 yards in order to participate in the program. Times are as follows:

Group AA	16 through 17 years:	1:40 minutes or less
Group A	14 through 15 years:	1:40 minutes or less
Group B	12 through 13 years:	1:55 minutes or less
Group C	9 through 11 years:	2:30 minutes or less